



The Bridge

Make The Connection

Personalized Recovery Oriented Services



The Bridge's Diane Goldberg PROS Program

- Licensed by the New York State Office of Mental Health (OMH), PROS is our **outcome driven** rehabilitation and recovery program for people with serious mental illness. It offers **evidenced-based** and **best-practice services** to help participants achieve more successful, productive and independent lives in the community.
- The program offers a comprehensive array of services including **mental health treatment, life skills, entry-level vocational training, social and recreational activities, job placement, and Ongoing Rehabilitation Support (ORS)**.
- Participants in PROS can also participate in The Bridge **Poetry, Creative Arts** and **Urban Farm** projects.
- As an approved ACCES-VR and Federal Employment Network vendor, The Bridge provides vocational services for PROS participants and clients of its other programs.
- In addition to **individualized recovery planning**, services include over **125 recovery groups** per week, including **wellness self-management, cognitive remediation, social and life skills enhancement, relapse prevention** and **healthcare management**.

The Bridge's Mission

The Bridge is a nonprofit agency changing lives through mental health and substance abuse treatment, housing and vocational services. We offer a comprehensive array of mental health, rehabilitation and housing services that assist clients to achieve more independent and productive lives in the community. We serve more than 1,800 men and women in over 50 programs in Manhattan, Queens, Brooklyn and the Bronx, 5 days a week and on holidays all year.

Connect With Us

This program accepts Medicaid as well as a sliding scale fee based on income. Please contact Lisa Allison for more information or to make a referral at 212-663-3000 x372 or e-mail lallison@thebridgeny.org.



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MENTAL HEALTH AND
HOUSING SOLUTIONS

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Success Stories



"The Bridge has been good to me, very good to me. I wanted to come here, I didn't have to and I give people the phone number all the time and tell them to call Intake, if they need help. Strangers. It's been a phenomenal experience for me. The clinicians are very good and they are there for me. They're my safety net and I don't have to use the Emergency number too much. They're doing me a favor. They truly are, and I'll always tell people about the Bridge whether I'm still here or not." - *José S.*

"The variety of groups in PROS helps me in my recovery. The staff is supportive and always available for me when I struggle. They are always there for me in a time of need."

- *Jennifer W.*



"I have accomplished so much in this program that it's taking me to heights where I thought I never would be. I am very grateful for my case manager and my director."

- *Jill G.*