





# THE BRIDGE 2022 ANNUAL REPORT



a year's overview

# LETTER FROM LEADERSHIP

Dear Friends,

The past few years created unprecedented challenges for the healthcare and social service systems. Throughout the COVID pandemic, the Bridge continued to operate all its programs to meet the needs of our clients, the majority of whom struggle with serious mental health and substance use issues. The Bridge shifted clinical work to a telehealth modality, monitored and responded to all medical and psychiatric issues, and ensured clients received medication, meals, care packages and other essential supplies.

From lockdown to re-opening, the Bridge staff never wavered in its commitment and resiliency. The Bridge staff stepped up and put themselves on the front line to provide continuity of services. Staff dedication in keeping Bridge clients safe and healthy was truly inspiring and deeply appreciated.

As we move beyond this difficult time, The Bridge continues to do what it has always done--caring for the most vulnerable New Yorkers. We continue to grow, creating new programs and developing new supportive and affordable housing. The Bridge serves over 4000 clients annually, many of whom are homeless or formerly homeless. The following pages describe some of our achievements this past year.

We thank all of you who so generously supported the Bridge and helped us continue to provide essential services. Your commitment to The Bridge has enabled us to innovate and to help our clients recover and thrive in their communities.

Carol Buckler
President, Board of Directors

Susan Wiviott
Chief Executive Officer

# WHERE WE WORK



# **VISION**

We envision a world where adults with serious mental illness can live with dignity and respect and thrive in their communities.





# **MISSION**

The Bridge, founded in 1954, is a leading New York City nonprofit whose mission is to change lives by providing help, hope, and opportunity to the most vulnerable New Yorkers. We offer a comprehensive range of services to adults with serious behavioral health concerns and help them build their own path towards healing, growth and stability.

Many of our clients struggle with chronic and persistent mental illnesses such as schizophrenia, bipolar disorder, major depression, and substance use disorders. We provide outpatient, residential, and community-based services to help adults lead healthy, independent and satisfying lives. Thousands of men and women have benefited from Bridge programs.

FY 2022

## OUR IMPACT

Each year, The Bridge serves over 4,000 vulnerable adults in New York City. Here are some of our results this year.

317

formerly homeless adults placed in housing

1,418

people currently living in supportive housing

200+

older adults receiving specialized services to stay in their homes

525+

new housing units in development

54,606+
telehealth visits

**76** 

programs throughout New York City

707

clients served in our outpatient programs

2,039

in community-based programs



# SAFE OPTIONS SUPPORT

In 2022, New York Governor
Kathy Hochul funded Safe
Options Support (SOS) teams in
NYC to provide services and
access to housing for those living
on the street or in subways. The
Bridge is pleased to be among the
first selected as a key partner by
the NYS Office of Mental Health
to implement the SOS program
and evaluate its effectiveness.

The Bridge SOS teams provide supportive services to high-risk individuals, many of whom have a serious mental illness or substance abuse disorder. Staff provide intensive support over a 12-month period to help people transition from the streets to a more stable setting with the goal of acquiring permanent housing. So far, Bridge SOS teams have connected with more than 547 clients to provide support services and 60 been placed in permanent housing.



4 SOS Teams

**547**+
in the
SOS Program



# CRITICAL CARE SERVICES

Seven years ago, the Bridge began offering specialized services to high-risk older adults living in Bridge housing. The goal was to help them age-in-place so that they could avoid unnecessary hospitalizations and nursing home placements. Our Aging Services program is the only program in New York City that combines housing, specialized geriatric care and mobile behavioral health treatment services for this underserved population. Recently, The Bridge created two new services that complement our signature Aging Services program.

Our High-risk program targets residents at risk of violence (to themselves or others), those with active suicidal ideation, and individuals with medical needs and provides targeted high level medical and clinical support. Staff identify and treat residents most at risk for suicide, repeat hospitalizations and/or overdoses and violence.

The Bridge also launched a new **Hoarding Intervention program**,

in collaboration with the University of California San Diego, to adapt their evidence-based treatment for hoarding disorder in a supportive housing setting. Hoarding is a progressive and chronic disorder which becomes more severe with age. The goal of this program is to work with Bridge residents to create and maintain safer environments and address the stigma and shame often associated with hoarding.

By providing a comprehensive approach to treatment, older clients can remain in their homes and The Bridge can ensure the safety of everyone in the community.





### **BRIDGE ROCKAWAY**

**Bridge Rockaway** is our newest housing development in Brownsville, Brooklyn. We are pleased to spearhead this unique project that co-locates housing with light manufacturing. It serves as a model for the development of under-utilized manufacturing sites into supportive and affordable housing while creating jobs for New Yorkers. This project helps NYC create urgently needed housing for formerly homeless individuals and low-income families.

When completed in **Spring 2024**, the building will offer:

### • 174 affordable units

- 87 units of supportive housing for formerly homeless adults with serious mental illness, veterans with disabilities, and frail or disabled seniors.
- 87 units for low-income families selected through the New York City Department of Housing Preservation and Development lottery.
- o 39,000 square feet of affordable manufacturing space for businesses.
- 11,000 square feet of green outdoor space and amenity spaces for residents.
- 2,000 square feet of community facility space to be leased to a community organization.

On-site staff will offer supportive services to assist individuals with special needs to live successfully in the community. The Bridge will own and manage the residential and community facility space.

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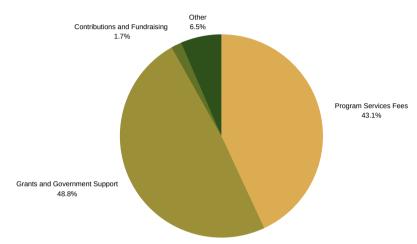
Program Service Fees \$28,335,017

Grants and Government Support \$27,751,390

Contributions and Fundraising \$1,423,453

Management Fees/Other \$3,955,900

Total Revenue \$61,465,760



### **EXPENSES**

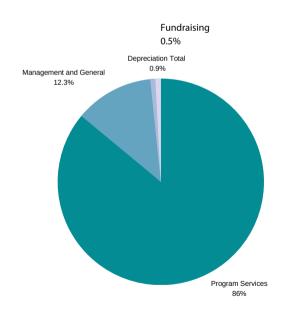
Program Services \$50,204,546

Management and General \$8,405,163

Fundraising \$609,605

Depreciation Total \$374,182

Total Expenses \$59,593,496



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MENTAL HEALTH AND HOUSING SOLUTIONS

# 2022







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