



# **MENTAL HEALTH REHABILITATION PROGRAMS**

## **PROGRAM DIRECTORY**

(UPDATED February 2018)

NYC Department of Health & Mental Hygiene, Bureau of Mental Health

Office of Rehabilitation 347-396-7247





## ASSISTED COMPETITIVE EMPLOYMENT (ACE)

ACE programs provide supported employment services to adults 18 years of age and older with a history of serious mental illness who reside in any borough of NYC. ACE helps with rapid job search and placement, followed by ongoing support while the individual is employed in order to keep the job. Supported employment services are delivered using the enhanced evidence-based practice model of Individual Placement and Support (IPS). The basic tenet of IPS is that regardless of psychiatric disability, skills, experience and personal history, anyone who wishes to work must be served.

### Services Components

- Assessment & Planning
  - Individual vocational assessment
  - Identification of strengths and challenges to employment
  - Goal setting
  - Formulation of an employment plan
- Job Readiness
  - Resume building
  - Interview coaching
  - Understanding work appropriate dress and behavior
  - Referrals to education/remediation services
- Job search and placement
- Ongoing support to ensure job retention
  - With program participant's consent, collaborate with employers and the person's providers
  - individual, group and telephone coaching
  - Benefits counseling

### Referral Process

- The person and/or their provider may call or email the program director listed below to schedule a first appointment.
- Recent psychiatric evaluation and/or psychosocial assessment is required to substantiate serious mental illness.

### PROGRAM DIRECTORY (continued on back)

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| <p><b>BALTIC STREET, AEH</b><br/>netWORKplus I ACE Program<br/>25 Flatbush Avenue<br/>Brooklyn, NY 11217</p> <p>Program Manager: Laurie Vite<br/>Tel: 718-797-2509<br/><a href="mailto:lvite@balticstreet.org">lvite@balticstreet.org</a></p> | <p><b>BALTIC STREET, AEH</b><br/>netWORKplus West ACE Program<br/>1083 McDonald Avenue<br/>Brooklyn, NY 11230</p> <p>Program Manager: Michael Nugent<br/>Tel: 718-377-8567<br/><a href="mailto:mnugent@balticstreet.org">mnugent@balticstreet.org</a></p> | <p><b>CATHOLIC CHARITIES</b><br/><b>NEIGHBORHOOD SERVICES</b><br/>World of Work<br/>2037 Utica Avenue, 2<sup>nd</sup> Floor<br/>Brooklyn, NY 11234</p> <p>Program Director: Samuel James<br/>Tel: 718-377-7757<br/><a href="mailto:sjames@ccbq.org">sjames@ccbq.org</a></p> |
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| <p><b><u>CENTER FOR URBAN COMMUNITY SERVICES (CUCS)</u></b><br/> Career Network ACE Program<br/> Prince George Hotel<br/> 14 East 28<sup>th</sup> Street<br/> New York, NY 10016</p> <p>Program Director:<br/> Jordan Horowitz<br/> Tel: 212-471-0792<br/> jhorowitz@cucs.org</p> | <p><b><u>CENTER FOR URBAN COMMUNITY SERVICES (CUCS)</u></b><br/> Career Network ACE Bronx I Program<br/> 614 East 179 Street,<br/> Bronx, NY 10457</p> <p>Program Director:<br/> Jordan Horowitz<br/> Tel: 212-471-0792<br/> jhorowitz@cucs.org</p> | <p><b><u>CENTER FOR URBAN COMMUNITY SERVICES (CUCS)</u></b><br/> Career Network ACE Bronx II Program<br/> 600 East 181 Street,<br/> Bronx, NY 10457</p> <p>Program Director:<br/> Jordan Horowitz<br/> Tel: 212-471-0792<br/> jhorowitz@cucs.org</p>     |
| <p><b><u>COMMUNITY ACCESS, INC.</u></b><br/> ACE Program<br/> 2090 Adam Clayton Powell<br/> Boulevard, 12<sup>th</sup> Fl.<br/> New York, NY 10027</p> <p>Program Director: Lynnae Brown<br/> Tel: 212-865-0775 ext. 2109<br/> lbrown@communityaccess.org</p>                     | <p><b><u>FOUNTAIN HOUSE</u></b><br/> ACE Program<br/> 425 West 47<sup>th</sup> Street<br/> New York, NY 10036</p> <p>Program Coordinator:<br/> Ian Campbell<br/> Tel: 212-582-0340, x 249<br/> icampbell@fountainhouse.org</p>                      | <p><b><u>GODDARD RIVERSIDE COMMUNITY CENTER</u></b><br/> TOP Opportunities ACE Program<br/> 61 West 87<sup>th</sup> Street, Basement<br/> New York, NY 10024</p> <p>Program Director: Deborah Kaplan<br/> Tel: 646-505-1088<br/> dkaplan@goddard.org</p> |
| <p><b><u>GOODWILL INDUSTRIES OF GREATER NY &amp; NORTHERN NJ</u></b><br/> Bronx ACE Program<br/> 384 East 149<sup>th</sup> Street<br/> Rooms 415-421<br/> Bronx, NY 10455</p> <p>Program Director: Olex Elien<br/> Tel: 718- 401-2555<br/> oelien@goodwillny.org</p>              | <p><b><u>PROJECT RENEWAL</u></b><br/> Job Links<br/> 200 Varick Street, 9<sup>th</sup> Floor<br/> New York, NY 10014</p> <p>Program Director: Allison Messina<br/> Tel: 212-620-0340<br/> allison.messina@projectrenewal.org</p>                    | <p><b><u>SERVICES FOR THE UNDERSERVED</u></b><br/> ACE Program<br/> 1125 Fulton Street, 2<sup>nd</sup> Floor<br/> Brooklyn, NY 11238</p> <p>Program Manager: Nievel Stanislaus<br/> Tel: 917-213-1371<br/> nstanislaus@sus.org</p>                       |
| <p><b><u>LIJ ZUCKER HILLSIDE HOSPITAL</u></b><br/> Staten Island ACE Program<br/> 376 Seguine Avenue<br/> Staten Island, NY 10309</p> <p>Interim Program Director: Carmine DeSena<br/> Tel: 718- 264-1789 x10123<br/> cdesena@northwell.edu</p>                                   | <p><b><u>URBAN PATHWAYS</u></b><br/> ACE Program<br/> 575 Eighth Avenue, 16<sup>th</sup> Floor<br/> New York, NY 10018</p> <p>Program Director: Louis Farmer<br/> Tel: 212-736-7385<br/> lfarmer@urbanpathways.org</p>                              | <p><b><u>URBAN PATHWAYS</u></b><br/> ACE Bronx Program<br/> 695 East 170<sup>th</sup> Street<br/> Bronx, NY 10456</p> <p>Program Director: Louis Farmer<br/> Tel: 212-736-7385<br/> lfarmer@urbanpathways.org</p>  |
| <p><b><u>WELLLIFE NETWORK (PSCH)</u></b><br/> Project Clean- Brooklyn<br/> 1420 Bushwick Ave., Rm 158-166<br/> Brooklyn, NY 11207</p> <p>Program Director: Kevin Bartels<br/> Cell: (917) 923-3697<br/> kevin.bartels@welllifenetwork.org</p>                                     | <p><b><u>WELLLIFE NETWORK (PSCH)</u></b><br/> Project Clean- Queens<br/> 209-01 Jamaica Ave.<br/> Queens, NY 11428</p> <p>Program Director: Kevin Bartels<br/> Cell: (917) 923-3697<br/> kevin.bartels@welllifenetwork.org</p>                      |  |



## **AFFIRMATIVE BUSINESS/INDUSTRY (Pre-Vocational Programs)**

These programs offer time-limited, paid, on-the-job pre-vocational training in order to help people with serious mental illness who have little to no work experience develop soft employment skills. These include skills such as attendance, teamwork, task completion and organization. The programs actually operate businesses which provide the work setting in an integrated environment.

### **Referral Process**

- The person and/or their provider may call or email the program director listed below to schedule a first appointment.
- Recent psychiatric evaluation and/or psychosocial assessment (within 3 months of enrollment) required to substantiate serious mental illness.

### **TRANSITIONAL SERVICES FOR NEW YORK**

**Turn the Page...Again Bookstore  
39-15A Bell Blvd.  
Bayside, NY 11361**

**Program Director: Nelly Sancassani  
Tel: (718) 526-8400  
[nsancassani@tsiny.org](mailto:nsancassani@tsiny.org)**

***(Business: Retail bookstore)***

## EDUCATION SUPPORT SERVICES

Education Support Service programs help those wishing to start or return to and complete any formal education geared towards targeted employment goals. Formal education includes Test Assessing Secondary Completion high school equivalency (TASC, formerly known as GED) preparation programs, formal vocational training such as culinary arts schools, peer specialist training and post-secondary education. Education Support Services also help those currently enrolled in a formal education program wanting additional support in order to graduate. These programs are for adults 18 years of age and older with a history of serious mental illness who reside in any borough of NYC.

### Service Components:

- Assessment & Planning
  - Individual educational assessment
  - Identification of strengths and challenges to graduation
  - Goal setting
  - Formulation of an education plan
- School Readiness
  - Assistance in overcoming barriers commonly faced by individuals with psychiatric disabilities including stigma from students or instructors
  - Application submission
  - Identifying and applying for financial aid
  - Referrals to education/remediation services
  - Negotiating the benefits and risks of disclosure
- Ongoing support to ensure graduation
  - With program participant's consent, collaborate with teachers and the person's providers
  - Academic skill building
  - Resource attainment
  - Educating faculty and staff about mental health conditions and challenges
  - Advocacy accessing necessary accommodations

### Referral Process

- The person and/or their provider may call or email the program director listed below to schedule a first appointment.
- Recent psychiatric evaluation and/or psychosocial assessment (within 3 months of enrollment) required to substantiate serious mental illness.

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| <p><b>BALTIC STREET, AEH</b><br/> <b>Community Links</b><br/>         1111 St. Johns Place<br/>         Brooklyn, New York 11213</p> <p>Program Manager: Michael Stipkala<br/>         Tel: (929) 210-9811<br/> <a href="mailto:mstipkala@balticstreet.org">mstipkala@balticstreet.org</a></p> <p><i>(Specialization: Young adults 18-26)</i></p> | <p><b>COMMUNITY ACCESS, INC.</b><br/> <b>Blueprint</b><br/>         2090 Adam Clayton Powell Boulevard, 12<sup>th</sup> floor<br/>         New York, New York 10027</p> <p>Program Director: Justin Barron<br/>         Tel: (212) 865-1130 ext. 2127<br/> <a href="mailto:jbarron@communityaccess.org">jbarron@communityaccess.org</a></p> <p><i>(Specialization: People with criminal justice history)</i></p> |
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## ACCREDITED CLUBHOUSE PROGRAMS

Clubhouse programs are an evidence-based model whose objective is to assist individuals with their recovery, develop or re-establish a sense of self-esteem and group affiliation, and support their reintegration into a meaningful role in the community. The model is based on a work-ordered day in which members and staff support clubhouse operations without a hierarchical relationship. This is essential for providing structure, particularly to those who have been isolating or have been recently discharged from hospitalization or incarceration. Formal Clubhouse as opposed to Psychosocial Clubs have been accredited by the certifying body Clubhouse International which audits the programs to ensure fidelity to the model and is conducted every three years for programs to maintain accreditation.

### Services Components:

- Opportunities for members to learn various skills while operating the clubhouse including clerical, culinary, and janitorial skills
- Employment support services including paid internships in an integrated setting, supported and independent employment
- Education support services to pursue and graduate from formal programs
- Evening/weekend social and recreational programming
- Case management

### Referral Process:

- The person and/or their provider may call or email the program director listed below to schedule an intake and tour.
- Recent psychiatric evaluation and/or psychosocial assessment (within 3 months of enrollment) required to substantiate serious mental illness.

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| <p><b><u>BROOKLYN COMMUNITY SERVICES</u></b><br/>East New York Clubhouse<br/>2697 Atlantic Ave.<br/>Brooklyn, NY 11207-2925</p> <p>Program Director: Katrina Grant<br/>Tel: (718) 235-5780<br/><a href="mailto:kgrant@wearebcs.org">kgrant@wearebcs.org</a></p>           | <p><b><u>FEDCAP</u></b><br/>Chelton Loft<br/>104-106 East 126<sup>th</sup> Street, Suite 4D<br/>New York, NY 10035</p> <p>Program Director: Suzanne Stoute<br/>Tel: (212) 727-4361<br/><a href="mailto:ssstoute@fedcap.org">sstoute@fedcap.org</a></p>      |
| <p><b><u>FOUNTAIN HOUSE</u></b><br/>Fountain House<br/>425 West 47<sup>th</sup> Street<br/>New York, NY 10036</p> <p>Program Director: Andrew Schonebaum<br/>Tel: (212) 582-0340<br/><a href="mailto:aschonebaum@fountainhouse.org">aschonebaum@fountainhouse.org</a></p> | <p><b><u>FOUNTAIN HOUSE</u></b><br/>Fountain House Bronx<br/>564 Walton Ave.<br/>Bronx, NY 10451</p> <p>Program Director: Michelle Rodriguez<br/>Tel: (718) 742-9884<br/><a href="mailto:mrodriguez@fountainhouse.org">mrodriguez@fountainhouse.org</a></p> |

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| <p><b><u>GODDARD RIVERSIDE COMMUNITY CENTER</u></b></p> <p>The Other Place<br/>264 West 87th Street<br/>New York, NY 10024</p> <p>Program Director: Todd Renegar<br/>Tel: 212-799-7171<br/><a href="mailto:trenegar@goddard.org">trenegar@goddard.org</a></p>           | <p><b><u>GOODWILL INDUSTRIES OF NY &amp; NJ</u></b></p> <p><b><u>Citiview Connections</u></b><br/>33-24A Northern Boulevard<br/>Long Island City, NY 11102</p> <p>Program Director: Russell Roten<br/>Tel: (718) 361-7030<br/><a href="mailto:rroten@goodwillny.org">rroten@goodwillny.org</a></p> |
| <p><b><u>GOODWILL INDUSTRIES OF NY &amp; NJ</u></b></p> <p>Lantern House<br/>512 Southern Boulevard<br/>Bronx, NY 10455</p> <p>Program Director: Elizabeth Padilla<br/>Tel: (718) 993-1078<br/><a href="mailto:epadilla@goodwillny.org">epadilla@goodwillny.org</a></p> | <p><b><u>SERVICES FOR THE UNDERSERVED</u></b></p> <p>Brooklyn Clubhouse<br/>1125 Fulton Street, 2nd Floor<br/>Brooklyn, NY 11238</p> <p>Program Director: Gloria Bedoya<br/>Tel: 718-467-6872 X4323<br/><a href="mailto:gbedoya@susinc.org">gbedoya@susinc.org</a></p>                             |
| <p><b><u>VENTURE HOUSE</u></b></p> <p>Venture House<br/>150-10 Hillside Avenue<br/>Jamaica, NY 11432</p> <p>Program Director: David Plotka<br/>Tel: (718) 658-7201<br/><a href="mailto:dplotka@venturehouse.org">dplotka@venturehouse.org</a></p>                       | <p><b><u>VENTURE HOUSE</u></b></p> <p>Venture House - Staten Island<br/>1442 Castleton Avenue<br/>Staten Island, NY 10302</p> <p>Program Director: Frederick Morello<br/>Tel: (718) 658-7821<br/><a href="mailto:fmorello@venturehouse.org">fmorello@venturehouse.org</a></p>                      |





## PSYCHOSOCIAL CLUB PROGRAMS

Psychosocial Club programs provide support services to assist individuals with their recovery, develop or re-establish a sense of self-esteem and group affiliation, and support their reintegration into a meaningful role in the community. The model is based on a work-ordered day in which members and staff support clubhouse operations without a hierarchical relationship. This is essential for providing structure, particularly to those who have been isolating or have been recently discharged from hospitalization or incarceration as well as older adults. Psychosocial Clubs are now required to actively pursue accreditation by Clubhouse International in order to transition to a formal evidence-based Clubhouse model.

### Services Components:

- Opportunities for members to learn various skills while operating the clubhouse including clerical, culinary, and janitorial skills
- Employment support services including paid internships in an integrated setting, supported and independent employment
- Education support services to pursue and graduate from formal programs
- Evening/weekend social and recreational programming
- Case management

### Referral Process:

- The person and/or their provider may call or email the program director listed below to schedule an intake and tour.
- Recent psychiatric evaluation and/or psychosocial assessment (within 3 months of enrollment) required to substantiate serious mental illness.

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| <p><b><u>CATHOLIC CHARITIES<br/>NEIGHBORHOOD<br/>SERVICES</u></b></p> <p>Open Door<br/>2037 Utica Avenue 2<sup>nd</sup> Floor<br/>Brooklyn, NY 11234</p> <p>Program Director: Samuel James<br/>Tel: 718-377-7757<br/><a href="mailto:sjames@ccbq.org">sjames@ccbq.org</a></p> | <p><b><u>ELMHURST HOSPITAL</u></b></p> <p>Lifelinks<br/>79-01 Broadway, 11<sup>th</sup> Floor<br/>Queens, NY 11373</p> <p>Program Director: Ana Manegal<br/>Tel: 718- 334-1306<br/><a href="mailto:manegala@nychhc.org">manegala@nychhc.org</a></p> | <p><b><u>HARLEM HOSPITAL</u></b></p> <p>Harlem House<br/>15 West 136th St. 9th Floor,<br/>Kountz Pavilion<br/>New York, NY 10037</p> <p>Program Director: Louise Hodge<br/>Tel: 212-939-3055<br/><a href="mailto:Louise.Hodge@nychhc.org">Louise.Hodge@nychhc.org</a></p> |
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| <p><b><u>JEWISH ASSOCIATION FOR SERVICES FOR THE AGED</u></b></p> <p>Bronx Friendship House<br/>2705 Schley Avenue<br/>Bronx, NY 10456</p> <p>Program Director: Ronit Notkin<br/>Tel: 718-863-8833<br/><a href="mailto:rnotkin@jasa.org">rnotkin@jasa.org</a></p> <p><i>(Specialization: older adults)</i></p>   | <p><b><u>JEWISH ASSOCIATION FOR SERVICES FOR THE AGED</u></b></p> <p>Brooklyn Friendship House<br/>202 Graham Avenue<br/>Brooklyn, NY 11206</p> <p>Program Director: Fran Samberg<br/>Tel: 718-922-5079<br/><a href="mailto:fsamberg@jasa.org">fsamberg@jasa.org</a></p> <p><i>(Specialization: older adults)</i></p> | <p><b><u>LUTHERAN MEDICAL CENTER</u></b></p> <p>CSS Psychosocial Club<br/>514 49th Street<br/>Brooklyn, NY 11220</p> <p>Program Director: Carmen Orsini<br/>Tel: 718-437-5242<br/><a href="mailto:Carmen.Orsini-zelaya@nyumc.org">Carmen.Orsini-zelaya@nyumc.org</a></p> |
| <p><b><u>NYSARC, INC.</u></b></p> <p>Job Connection Center<br/>57 Willoughby Street, 4th Floor<br/>Brooklyn, NY 11220</p> <p>Program Director: Steve Towler<br/>Tel: 718-246-1507<br/><a href="mailto:Steve.towler@ahrcnyc.org">Steve.towler@ahrcnyc.org</a></p> <p><i>(Specialization: people with serious mental illness and developmental disabilities)</i></p> | <p><b><u>UPPER MANHATTAN MENTAL HEALTH CENTER</u></b></p> <p>Rainbow Club<br/>1727 Amsterdam Avenue<br/>New York, NY 10031</p> <p>Program Director: Nadine Arias<br/>Tel: 646-340-1402<br/><a href="mailto:narias@bowencsc.org">narias@bowencsc.org</a></p>   |  |



## ADVOCACY PROGRAMS

Advocacy programs provide both individual and systems advocacy services through offering direct and indirect support. Its primary aim is to enhance recovery by removing impediments to needed services within their communities and empowering individuals by providing education on self and system advocacy. Advocacy services aim to enhance program participant's ability to manage their mental illness while reaching their life goals. Services include assistance with referrals and linkages, community integration, support groups, assessments, mental health systems training and public advocacy for systems changes, supportive housing applications, mental health education and obtaining benefits and entitlements.

### Referral Process:

- The person and/or their provider may call or email the program director listed below to schedule an intake and tour.
- Recent psychiatric evaluation and/or psychosocial assessment (within 3 months of enrollment) required to substantiate serious mental illness.

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| <p><b><u>BALTIC STREET AEH</u></b><br/>           Brooklyn Peer Advocacy Support Services<br/>           250 Baltic Street, Room 303<br/>           Brooklyn, NY 11201</p> <p>Program Manager: Anthony Sgarlato<br/>           Tel: 718-855-5929 ext. 201<br/> <a href="mailto:asgarlato@balticstreet.org">asgarlato@balticstreet.org</a></p>                       | <p><b><u>BALTIC STREET AEH</u></b><br/>           Geriatric Peer Advocacy<br/>           681 Clarkson Avenue, Room 217,<br/>           Building 25<br/>           Brooklyn, NY 11203</p> <p>Program Manager: Vera Popko<br/>           Tel: 718-774-1027<br/> <a href="mailto:vpopko@balticstreet.org">vpopko@balticstreet.org</a></p> <p><i>(Specialization: older adults)</i></p> | <p><b><u>BALTIC STREET AEH</u></b><br/>           Bronx Peer Advocacy Support Services<br/>           369 East 148<sup>th</sup> Street, Lower Level<br/>           Bronx, NY 10455</p> <p>Program Manager: William Brown<br/>           Tel: 718-562-6712 ext. 105<br/> <a href="mailto:wbrown@balticstreet.org">wbrown@balticstreet.org</a></p>  |
| <p><b><u>BALTIC STREET AEH</u></b><br/>           Staten Island Advocacy Support Services<br/>           777 Seaview Avenue, Building 10<br/>           Room 409<br/>           Staten Island, NY 10305</p> <p>Program Manager: Tracy Schulman<br/>           Tel: 718-668-8136<br/> <a href="mailto:tschulman@balticstreet.org">tschulman@balticstreet.org</a></p> | <p><b><u>CATHOLIC CHARITIES</u></b><br/> <b><u>NEIGHBORHOOD</u></b><br/> <b><u>SERVICES</u></b><br/>           Advocacy Support Services<br/>           2037 Utica Avenue 2<sup>nd</sup> Floor<br/>           Brooklyn, NY 11234</p> <p>Program Director: Samuel James<br/>           Tel: 718-377-7757 ext. 2780<br/> <a href="mailto:sjames@ccbq.org">sjames@ccbq.org</a></p>     | <p><b><u>COMMUNITY ACCESS, INC.</u></b><br/>           Howie the Harp Advocacy Center<br/>           2090 Adam Clayton Powell<br/>           Boulevard, 12<sup>th</sup> Floor<br/>           New York, NY 10027</p> <p>Program Director: Lynnae Brown<br/>           Tel: 780-1400 ext. 7730<br/> <a href="mailto:lbrown@communityaccess.org">lbrown@communityaccess.org</a></p> <p><i>(Specialization: Peer Specialist training &amp; job placement program)</i></p> |

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| <p><b><u>GOODWILL INDUSTRIES OF GREATER NY &amp; NORTHERN NEW JERSEY</u></b></p> <p>PAL Advocacy Support Services<br/>33-24 Northern Boulevard, 2<sup>nd</sup> Floor<br/>Long Island City, NY 11101<br/>Tel: 347-649-3850 ext. 3851</p> <p>384 East 149<sup>th</sup> Street, Suite 622<br/>Bronx, NY 10455<br/>Tel: 718- 777-6312</p> <p>Program Manager: Malika Mohamedi<br/><a href="mailto:mmohamedi@goodwillny.org">mmohamedi@goodwillny.org</a></p> | <p><b><u>HEIGHTS-HILL MENTAL HEALTH SERVICE</u></b></p> <p>Rainbow Heights Club<br/>25 Flatbush Avenue, 3rd Floor<br/>Brooklyn, NY 11217</p> <p>Program Director: Christian Huygen<br/>Tel: 718-852-5212<br/><a href="mailto:christianhuygen@rainbowheights.org">christianhuygen@rainbowheights.org</a></p> <p><i>(Specialization: LGBTQ community)</i></p>  | <p><b><u>LENOX HILL NEIGHBORHOOD HOUSE</u></b></p> <p>Lenox Hill Neighborhood House<br/>643 Park Avenue, 4th Floor<br/>New York, NY 10021<br/>Tel: 212-218-0514<br/>Program Director: Alyssa Sanchez<br/><a href="mailto:asanchez@lenoxhill.org">asanchez@lenoxhill.org</a></p> <p><i>(Specialization: homeless women)</i></p>                       |
| <p><b><u>NAMI-NYC METRO</u></b></p> <p>Advocacy Services<br/>505 Eighth Avenue, Suite 1103<br/>New York, NY 10018</p> <p>Program Director: Kinsey McManus<br/>Tel: 212-684-3365 ext. 206<br/><a href="mailto:kmcmamus@naminyc.org">kmcmamus@naminyc.org</a></p> <p><i>(Specialization: families)</i></p>   | <p><b><u>PUERTO RICAN FAMILY INSTITUTE</u></b></p> <p>Advocacy Support Services<br/>Bronx Mental Health Clinic<br/>4123 Third Avenue<br/>Bronx, NY 10457</p> <p>Program Director: Josephine Ovalles<br/>Tel: 718-299-3045 ext. 3228<br/><a href="mailto:jovalles@prfi.org">jovalles@prfi.org</a></p> <p><i>(Specialization: Puerto Rican community)</i></p>  | <p><b><u>THE CHILD CENTER OF NEW YORK</u></b></p> <p>Asian Outreach<br/>81-14 Queens Boulevard<br/>Elmhurst, NY 11373</p> <p>Program Director: Rose Lederman<br/>Tel: 718-358-8288 ext. 214<br/><a href="mailto:roselederman@childcenterny.org">roselederman@childcenterny.org</a></p> <p><i>(Specialization: Asian children &amp; families)</i></p> |
| <p><b><u>THE CHILD CENTER OF NEW YORK</u></b></p> <p>Single Stop<br/>Jamaica Clinic<br/>163-18 Jamaica Avenue, 4th Floor<br/>Queens, NY 11432</p> <p>Program Director: Elizabeth Ortiz<br/>Tel: 718-228-0720 ext. 235<br/><a href="mailto:elizabethortiz@childcenterny.org">elizabethortiz@childcenterny.org</a></p> <p><i>(Specialization: children &amp; families)</i></p>   | <p><b><u>TRANSITIONAL SERVICES FOR NEW YORK</u></b></p> <p>The Empowerment Center<br/>90-27 Sutphin Boulevard, Suite 401<br/>Queens, NY 11435</p> <p>Program Director: Marguerite Gayle<br/>Tel: 347-526-8400 ext. 123<br/><a href="mailto:mgayle@tsiny.org">mgayle@tsiny.org</a></p> <p>Associate Director: Raymond Browne<br/>Outpatient Services<br/>Phone: 718-526-8400 ext. 7187<br/><a href="mailto:RBROWNE@TSINY.ORG">RBROWNE@TSINY.ORG</a></p> |  |



## PEER BRIDGER PROGRAMS

These programs provide peer support services whose objective is to facilitate a smooth transition for someone discharging from psychiatric hospitalization. Peer Specialists assist people with referrals and linkages, developing a crisis prevention plan, motivation and encouragement among other supports. The relationship and support begins before the person is actually discharged and continues for a time-limited period after the person has integrated into the community.

### Referral Process

- The person and/or their provider may call or email the program director listed below to schedule a first appointment.
- Recent psychiatric evaluation and/or psychosocial assessment is required to substantiate serious mental illness.

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| <p><b><u>BALTIC STREET AEH</u></b></p> <p>Kingsboro Psychiatric Center<br/>Bridger 1<br/>681 Clarkson Ave., Bldg #25<br/>Brooklyn, NY 11203</p> <p>Program Director: Jeffrey Perry<br/>Tel: (718) 221-0246<br/><a href="mailto:jperry@balticstreet.org">jperry@balticstreet.org</a></p>                         | <p><b><u>PSCH</u></b></p> <p>Kingsboro Psychiatric Center<br/>Bridger<br/>681 Clarkson Ave.<br/>Bld #9, 2<sup>nd</sup> Fl<br/>Brooklyn, NY 11203</p> <p>Program Director: Sylvia Gonzalez<br/>Tel: (718)771 - 1175<br/><a href="mailto:Sylvia.gonzalez@psch.org">Sylvia.gonzalez@psch.org</a></p>                  |
| <p><b><u>BALTIC STREET AEH</u></b></p> <p>South Beach Psychiatric Center<br/>Bridger III<br/>777 Seaview Ave.<br/>Bld #9 , Room# 235<br/>Staten Island, NY 10305</p> <p>Program Director: Kristina Akbar<br/>Tel: (718) 351-4334<br/><a href="mailto:Kmakbar@balticstreet.org">Kmakbar@balticstreet.org</a></p> | <p><b><u>BALTIC STREET AEH</u></b></p> <p>South Beach Psychiatric Center<br/>Bridger II<br/>777 Seaview Ave.<br/>Bldg #9, Room# 235<br/>Staten Island, NY 10305</p> <p>Program Director: Tracy Schulman<br/>Tel: (718) 351-4334<br/><a href="mailto:Tschulman@balticstreet.org">Tschulman@balticstreet.org</a></p> |



## SELF-HELP PROGRAMS

Self-Help programs provide rehabilitative and support activities based on the principle that people who share a common condition or experience can be of substantial assistance to each other. These programs may take the form of mutual support groups such as dual recovery and mental health relapse prevention and other support networks, or they may be more formal self-help programs that offer specific educational, recreational, social or other program opportunities. They also offer referrals and linkages, advocacy services, resources and other peer support.

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| <p><b><u>BALTIC STREET AEH, INC.</u></b></p> <p>Brooklyn Self-Help<br/>250 Baltic Street, Room 303<br/>Brooklyn, NY 11201</p> <p>Program Manager: Lashun Hampton<br/>Tel: 718-855-5929 ext. 203<br/><a href="mailto:lhampton@balticstreet.org">lhampton@balticstreet.org</a></p> <p><i>(Specialization: peer-run organization)</i></p>   | <p><b><u>BALTIC STREET AEH, INC.</u></b></p> <p>Manhattan Self-Help<br/>163 West 125<sup>th</sup> Street, 11<sup>th</sup> Floor (Suite 1106)<br/>New York, NY 10027</p> <p>Program Manager: Nadine Mack<br/>Tel: 212-961-8989/8967<br/><a href="mailto:nmack@balticstreet.org">nmack@balticstreet.org</a></p> <p><i>(Specialization: peer-run organization)</i></p> |
| <p><b><u>FEDERATION OF ORGANIZATIONS</u></b></p> <p>Co-occurring Disorders Peer Self-Help<br/>79-25 Winchester Boulevard, 2<sup>nd</sup> Floor<br/>Creedmoor Psychiatric Center, Building 40<br/>Queens Village, NY 11427</p> <p>Program Director: June Morris<br/>Tel: 718-264-4251<br/><a href="mailto:jmorris@fedoforg.org">jmorris@fedoforg.org</a></p> <p><i>(Specialization: co-occurring disorders)</i></p> | <p><b><u>JEWISH BOARD OF FAMILY &amp; CHILDREN'S SERVICES</u></b></p> <p>Self-Help<br/>55 Westchester Square<br/>Bronx, NY 10461</p> <p>Program Director: Vanessa Edwards<br/>Tel: 718-931-4045 ext. 208<br/><a href="mailto:vedwards@jbfc.org">vedwards@jbfc.org</a></p> <p><i>(Specialization: co-occurring disorders)</i></p>                                    |
| <p><b><u>MENTAL HEALTH ASSOCIATION OF NYC</u></b></p> <p>Another Way Self-Help<br/>975 Kelly Street, Suite 302<br/>Bronx, NY 10459</p> <p>Program Director: Luisa Gonzalez (Interim)<br/>Tel: 212-360-6835 ext. 223<br/><a href="mailto:lgonzalez@mhaofnyc.org">lgonzalez@mhaofnyc.org</a></p>   |   |



## CRISIS RESPITE PROGRAMS

These short-term crisis respites provide a safe and comfortable place to stay when someone is in a psychiatric crisis and does not wish to stay at home or go into a hospital. The respite services are provided primarily by Peer Specialists who assist guests with such supports as crisis prevention planning, referrals, linkages, support groups and wellness coaching. The goal of this service is to divert hospitalization and prevent the crisis from worsening.

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| <p><b><u>COMMUNITY ACCESS</u></b></p> <p>Crisis Respite Center (Manhattan)<br/>315 2nd Avenue<br/>New York, NY 10003</p> <p>Program Director: Lauren D'Isselt<br/>Tel: (646) 257-5665 x8401<br/><a href="mailto:ldisselt@communityaccess.org">ldisselt@communityaccess.org</a></p>   | <p><b><u>RIVERDALE MENTAL HEALTH ASSOCIATION</u></b></p> <p>Crisis Respite Center (Bronx)<br/>640-642 West 232nd Street<br/>Bronx, NY 10463</p> <p>Program Director: Osman Mariano<br/>Tel: (718) 884-2992<br/><a href="mailto:omariano@RMHA.org">omariano@RMHA.org</a></p>                              |
| <p><b><u>SERVICES FOR THE UNDERSERVED</u></b></p> <p>Crisis Respite Center (Brooklyn)<br/>2118 Union Street<br/>Brooklyn, NY 11212</p> <p>Program Director: Gayle Parker-Wright<br/>Tel: (347) 505 - 0870<br/><a href="mailto:gparker-wright@sus.org">gparker-wright@sus.org</a></p> | <p><b><u>TRANSITIONAL SERVICES FOR NEW YORK</u></b></p> <p>Crisis Respite Center (Queens)<br/>80-45 Winchster Blvd.<br/>Queens Village, NY 11427</p> <p>Program Director: Trishonna Salomon<br/>Tel: (718) 464-0375<br/><a href="mailto:trishonna.salomon@tsiny.org">trishonna.salomon@tsiny.org</a></p> |



## OUTREACH PROGRAMS

Outreach services provide time-limited supports in the community including psychiatric assessments and rehabilitation, referrals and linkages and public education on mental health.

### Referral Process:

- The person and/or their provider may call or email the program director listed below to schedule an intake and tour.

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| <p><b><u>CATHOLIC CHARITIES NEIGHBORHOOD SERVICES</u></b><br/>           Mobile Outreach<br/>           67-29 Myrtle Avenue<br/>           Glendale, NY 11385</p> <p>Program Director: Nicole Evry<br/>           Tel: 718-456-7001<br/> <a href="mailto:Nicole.Evry@ccbq.org">Nicole.Evry@ccbq.org</a></p>  | <p><b><u>LESBIAN &amp; GAY COMMUNITY SERVICES CENTER</u></b><br/>           Project Connect<br/>           208 West 13<sup>th</sup> St.<br/>           New York, NY 10011</p> <p>Program Director: Migdalia Santiago<br/>           Tel: (646) 556-9290<br/> <a href="mailto:msantiago@gaycenter.org">msantiago@gaycenter.org</a></p> <p><i>(Specialization: LGBT)</i></p>  |
| <p><b><u>ODYSSEY HOUSE</u></b><br/>           Outreach<br/>           246 East 121 St.<br/>           New York, NY 10035</p> <p>Program Director: David Mathews<br/>           Tel: 212-987-5159<br/> <a href="mailto:dmathews@odysseyhouseinc.org">dmathews@odysseyhouseinc.org</a></p> <p><i>(Specialization: co-occurring disorders)</i></p>  | <p><b><u>GOUVENEUR HOSPITAL</u></b><br/>           Older Adult Outreach<br/>           227 Madison St., 3<sup>rd</sup> Floor<br/>           New York, NY 10002</p> <p>Program Director: Cheuk-Ying Ng<br/>           Tel: (212) 238-7325<br/> <a href="mailto:Cheuk-Ying.Ng@nychhc.org">Cheuk-Ying.Ng@nychhc.org</a></p> <p><i>(Specialization: older adults)</i></p>   |
| <p><b><u>EAST NEW YORK DIAGNOSTIC &amp; TREATMENT CENTER</u></b><br/>           Mobile Outreach<br/>           451 Clarkson Ave., T Building, Rm 665<br/>           Brooklyn, NY 11203</p> <p>Program Director: Ayana Bailey<br/>           Tel: (718) 245-3800<br/> <a href="mailto:ayana.bailey@nychhc.org">ayana.bailey@nychhc.org</a></p>  | <p><b><u>TRANSITIONAL SERVICES FOR NEW YORK</u></b><br/>           Mobile Outreach<br/>           90-27 Sutphin Blvd., 5th Floor<br/>           Queens, NY 11435</p> <p>Program Director: Jainool Ramjohn<br/>           Tel: 718-526-8400 ext. 7186<br/> <a href="mailto:Jainool.Ramjohn@tsiny.org">Jainool.Ramjohn@tsiny.org</a></p>  |
| <p><b><u>VISITING NURSE SERVICE OF NEW YORK</u></b><br/>           Home Care Older Adult Mobile Outreach North &amp; South Bronx<br/>           1200 Waters Place, 3<sup>rd</sup> Floor<br/>           Bronx, NY 10461</p> <p>Program Director: Annmarie Franco<br/>           Tel : (718) 536-3224<br/> <a href="mailto:annmarie.franco@vnsny.org">annmarie.franco@vnsny.org</a></p> <p><i>(Specialization: older adults)</i></p> | <p><b><u>VISITING NURSE SERVICE OF NEW YORK</u></b><br/>           Home Care Geriatric Mobile Outreach<br/>           148 West 125<sup>th</sup> St., 4<sup>th</sup> Floor<br/>           New York, NY 10038</p> <p>Program Director: Maxine Metersky<br/>           Tel : (212) 609-7788<br/> <a href="mailto:maxine.metersky@vnsny.org">maxine.metersky@vnsny.org</a></p> <p><i>(Specialization: older adults)</i></p> |





## **CAREGIVER RESPITE PROGRAM**

This program focuses on providing respite services for the caregiver by giving them opportunities for taking advantage of other supports. These include peer support services and a respite bed which is provided to the consumer while the caregiver tends to their own needs.

**ST. JOSEPH'S HOSPITAL**

**Respite**

**1216 Bay Street**

**Staten Island, NY 10305**

**Program Manager: Laila Mejia**

**Tel: (718) 983-2307**

**[LMejia@svwsjmc.org](mailto:LMejia@svwsjmc.org)**

***(Specialization: Respite services to support caregivers)***



## **SUICIDE PREVENTION HOTLINE**

This program provides a confidential 24-hour/7 days a week emotional support and crisis response hotline service which can be a safety net used to fill-in service gaps, bridge between appointments and act as a source of ongoing emotional maintenance. It is available on an immediate basis to help New Yorkers as well as the people who support them.

**SAMARITANS OF NEW YORK**  
**Suicide Prevention Hotline**  
**212-673-3000**

**Executive Director: Alan Ross**  
**(212) 677-3009**  
**[aross@samaritansnyc.org](mailto:aross@samaritansnyc.org)**